



**Online**  
10:30 - 12pm  
Fridays




# Appreciating Music

A friendly, relaxed group where we listen to and discuss a wide range of music genres, bands and artists, following the theme for the week. A great chance to take a musical trip down memory lane or an introduction to something new.

Scan the QR code or visit the website below to view our group timetable for up-to-date times and locations. Register by contacting us or via QR.

 [catalystsupport.org.uk/activity-timetable/](https://catalystsupport.org.uk/activity-timetable/)

 [groups.cc@catalystsupport.org.uk](mailto:groups.cc@catalystsupport.org.uk)

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