



# Community Hubs

A friendly space for people to find help, advice, and signposting to local resources. Access support from any of the services below:

## Catalyst Support

Mental Health  
Support

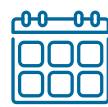
## Citizens Advice

Financial Support

## Home Start

Parenting and  
Perinatal support

 **Guildford**



**Mondays**

A - Guildford Family Centre, Hazel Ave, GU1 1N,  
**11.30-13.30**

B - St Francis' Church, 63 Beckingham Rd, GU2 8BU,  
**10-12**

\*sessions run on alternate Mondays

The hubs are free to attend, there is no booking or referral required.

