



Christmas Groups 2025

Supporting Connections

A friendly and supportive group for clients to connect, laugh and have a light-hearted chat.

Every day online

Monday 22nd December - Friday 2nd January

(Please note, no groups are being run Thursday 25th December, Friday 26th December & Thursday 1st January)



Mornings
10.30am- 11.30am

Afternoons
2pm - 3pm



catalystsupport.org.uk/activity-timetable/



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