

Guildford, Thursday
2:00pm – 3:00pm



Schizophrenia Peer Support

This is a weekly support group for individuals living with Schizophrenia. The group meets once a week at a café, offering a welcome space to chat and share experiences. The focus is on building connections and supporting each other.

There is no pressure for members to speak or share anything they are not comfortable with, simply attending and listening is fine. Conversations often include discussions about members' weeks, topical issues, or anything else that naturally comes up.

Scan the QR code or visit the website below to view our group timetable for up to date times and locations.



catalystsupport.org.uk/activity-timetable/



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