

Last Thursday of the
month, 11am-12pm



Financial Wellbeing



Are financial worries affecting your wellbeing? Are stress and anxiety impacting your ability to manage your finances? **We can help!**

Our free Financial and Wellbeing Support drop in combines expert benefits and money advice from Citizens Advice Surrey Heath and specialist wellbeing support from mental health charity Catalyst.

Scan the QR code or visit the website below to view our group timetable for up to date times and locations.



catalystsupport.org.uk/activity-timetable/



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