

Online
Monday 10:30 - 12pm



Appreciating Music

A friendly, relaxed group where we listen to and discuss a wide range of music genres, bands and artists, following the theme for the week. A great chance to take a musical trip down memory lane or an introduction to something new.

Scan the QR code or visit the website below to view our group timetable for up to date times and locations.

Register by contacting us below via the website, email, phone or text.



catalystsupport.org.uk/activity-timetable/



groups.cc@catalystsupport.org.uk



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