



Alcohol Star

The Outcomes Star for alcohol recovery

Client

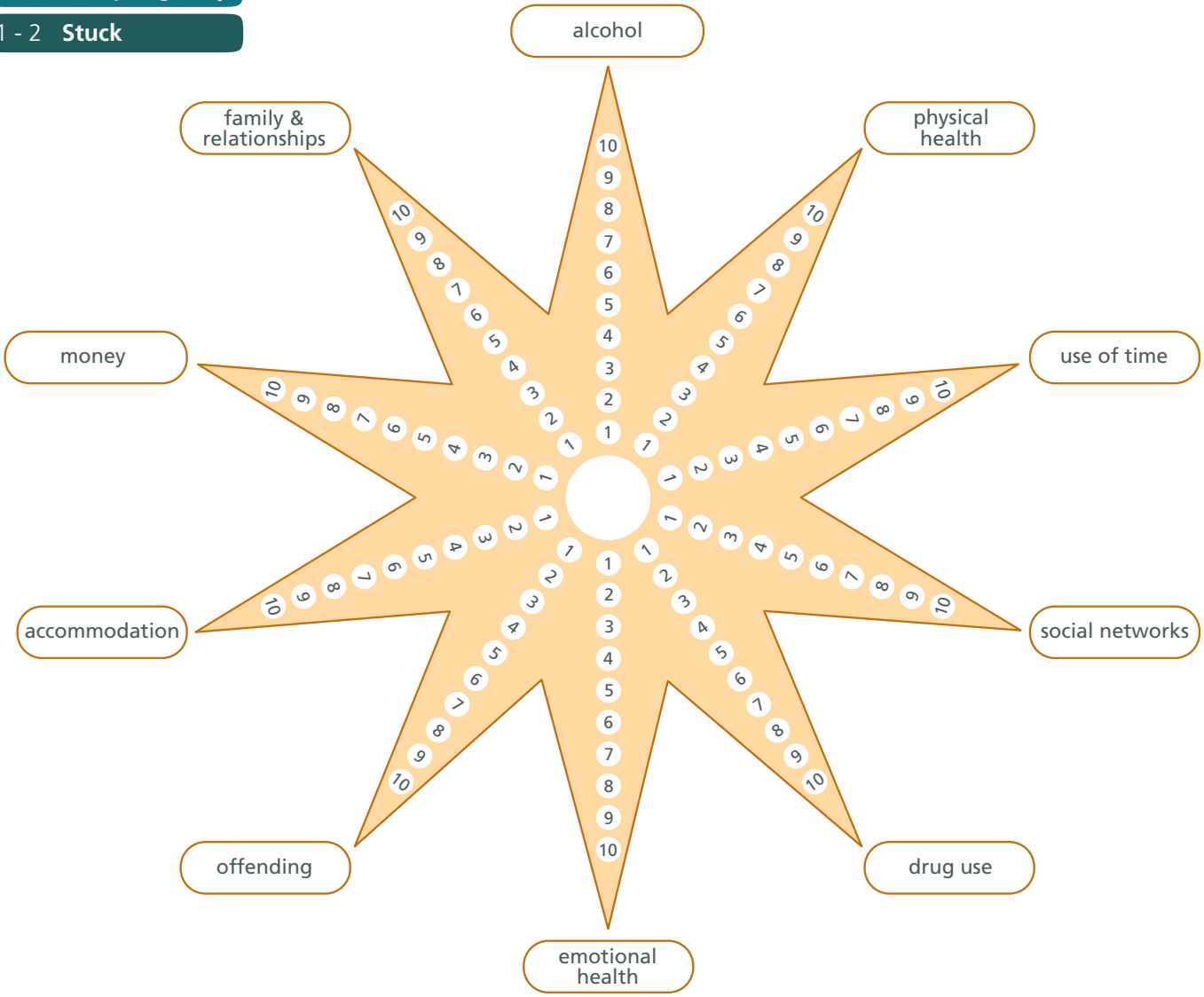
Date of completion

First Review Retrospective

Completed by Worker and client
 Worker alone
 Client

Units of alcohol in the past week

- 9 - 10 Self-reliance
- 7 - 8 Learning
- 5 - 6 Believing
- 3 - 4 Accepting help
- 1 - 2 Stuck



Client: I was involved in completing this Star Chart

Star Notes

1 Alcohol

2 Physical health

3 Use of time

4 Social networks

5 Drug use

Star Notes

6 Emotional health

7 Offending

8 Accommodation

9 Money

10 Family and relationships

Action Plan

Priority area from Star	Current score	Next steps	By who?	By when? (date)	Completed (date)

Signatures:

Service user

Date

DD/MM/YY

Staff

Date

DD/MM/YY