

Alcohol Use Disorders Identification Tool (AUDIT) Shortened Formⁱ

Alcohol Units in some common drinks:ⁱⁱ

Pint of Lager 5.2%
3 UNITS



25ml Spirit 40%
1 UNIT



175ml Alcopops 5%
1.4 UNITS



Bottle of Wine 13.5%
10 UNITS



175ml Wine 13%
2.3 UNITS



AUDIT-C	Scoring system					Your score
	0	1	2	3	4	
How often do you have a drink containing alcohol?	Never	Monthly or less	2-4 times per month	2-3 times per week	4+ times per week	
How many units of alcohol do you drink on a typical day when you are drinking?	1-2	3-4	5-6	7-9	10+	
How often have you had 6 or more units if female, or 8 or more if male, on a single occasion in the last year?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
TOTAL						<input type="text"/>

Score	Risk Level	Actions
0-4	Lower Risk	Positive feedback / reinforcement
5-7	Increasing Risk	Brief advice and alcohol leaflet Signpost to www.dontbottleitup.org.uk
8-10	Higher Risk	
11-12	Dependent	Refer to i-access

Surrey Drug & Alcohol Services



in partnership with



i-access

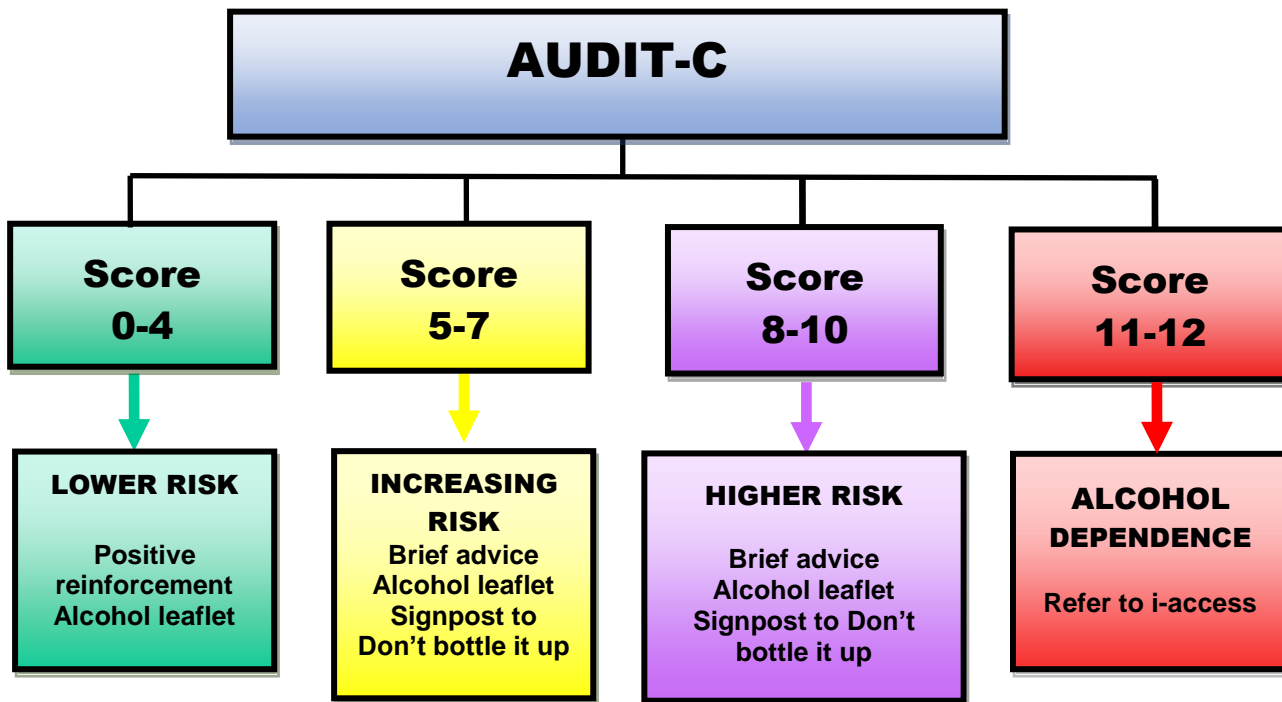
Tel: 0300 222 5932

www.surreydrugandalcohol.com

Catalyst

www.catalystsupport.org.uk

Surrey Alcohol Care Pathway



For further information and e-learning visit
www.alcohollearningcentre.org.uk/Topics/Browse/BriefAdvice

ⁱ Babor, T.F., Biddle-Higgins, J.C., Saunders, J.B. & Monteiro, M.G. (2001). AUDIT: *The Alcohol Use Disorders Identification Test: Guidelines for Use in Primary Health Care*. Geneva, Switzerland: World Health Organization.

ⁱⁱ Alcohol units will vary according to their volume and strength of alcohol (ABV)